

PUTNAM COUNTY SCHOOLS - CHILD NUTRITION BREAKFAST/LUNCH MENU

AUGUST 2017

GET A NUTRITIOUS START TO THE DAY WITH SCHOOL BREAKFAST!
DAILY BREAKFAST CHOICES - ASSORTED CEREAL/JUICE/FRUIT/WW TOAST/MILK
DAILY LUNCH CHOICES - ASSORTED FRESH FRUITS & VEGETABLES ON THE SALAD BAR

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 1 Chocolate Muffin Yogurt | 15 CE DAY FOR STAFF <i>Open House 3:30-5</i> | 16 PREP DAY FOR STAFF | 17 FIRST DAY OF SCHOOL French Toast Sticks FRENCH BREAD PIZZA Caesar Salad w/CROUTONS California Blend Veg's Sherbet Cup Fresh Kiwi Milk | 18 Sausage Biscuit HOT DOG W/SAUCE Cole Slaw Crinkle Cut Fries Steamed Carrots Fresh Grapes Milk |
| 21 S A LISBURY STEAK/GRAVY Mashed Potatoes Green Beans Peaches Wheat Roll Milk | 22 MVP Breakfast SPAGHETTI W/MEATSAUCE Caesar Salad w/CROUTONS Steamed Broccoli Applesauce WG Garlic Toast Milk | 23 Toasted Bagel w/Cream Cheese CHICKEN FAJITA Lettuce/Tomato/Cheese Spanish Rice Tortilla Chips & Salsa Fresh Orange Wedges Milk | 24 Pancake on a Stick MINI CORNDOGS Macaroni & Cheese Steamed Peas Fruit Cocktail Pudding Cup Milk | 25 Biscuit w/Gravy HOT HAM & CHEESE ON A BUN Quick Baked Potat Baked Beans Watermelon Wedge Milk |
| 29 Breakfast Bites BREADED CHICKEN NUGGETS Mashed Potatoes Green Beans Wheat Roll Pear Halves Milk | 29 Sausage on Breakfast Croissant BEEF CRUNCHY TACOS Lettuce/Tomato/Cheese Refried Beans Salsa Mandarin Oranges Scooby Bones Milk | 30 Mini Pancakes SCHOOL MADE PEPPERONI ROLL Caesar Salad w/CROUTONS Steamed Corn Warm Sliced Apples Milk | 31 School Made WG Blueberry Muffin HAMBURGER ON A BUN Lettuce/Tomato Potato Rounds Steamed Peas Fresh Cantaloupe Milk | 9/1 Chicken & Biscuit SCHOOL MADE FLATBRI PIZZA Caesar Salad w/CROUT Corn on the Cob Strawberries & Bana Milk |

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. *Return beginning of year*
"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"